



Leicester
City Council

SEND Support Service Training Brochure

2025-2026

 **Special Educational Needs &
Disability Support Service**

 **New Parks House
Pindar Road, New Parks
Leicester. LE3 9RN**



Who are SENDSS?

About Us



Our teams

Here at SENDSS, we have many teams to support you and your children

- City Psychology Service (**CPS**)
- Early Years Support Team (**EYST**)
- Learning, Communication & Interaction (**LCI**)
- Virtual School Team (**VST**)
- Social, Emotional & Mental Health (**SEMH**)
- Hearing Support (**HS**)
- Vision Support (**VS**)
- Quality and Inclusion Team (**QIT**).

What do we do?

Our Service provides a highly personalised training offer for school leadership, direct teaching and support roles, for those working with children across all age phases, whether individuals or in groups.

We can support you with effectively partnering with parents to promote positive outcomes for children and young people. We will also work with you and offer strategic advice that will enhance the educational experience of all individuals by providing a tailored response to the needs of your school community.

Where can I book?

Booking with us is simple. You can visit Booking Live to select your training. It's an easy step by step system where you see and decide.

Feeling Stuck?

Having any troubles or unsure where or what to book? Just contact your Link Teacher or EP to discuss the best training choice for you, or speak with our admin team who will be able to answer any technical booking queries.

Contact us:

Email: sends-service@leicester.gov.uk
0116 454 4650



Scan Me

Or

[Book your course here](#)

(Booking Live website)



SENDSS Centralised Training

You can select training from the following areas:

- Wellbeing and Mental Health
- Communication and Interaction
- Child Development and Learning
- Sensory
- Early Years Support.

Staff workshops & parent/carer workshops

Interactive training where everyone can get involved.

Details to be confirmed in September

School based training

All of our centralised training can be tailored to the individual needs of your school/setting. These can be discussed with your Link Teacher or EP.

Details to be confirmed in September

Network meetings

Where learning and networking comes together.

Free training

We also offer:

A selection of recorded training for you to access flexibly.

Details to be confirmed in September

SEND Support Service

Centralised Training Courses

Free Training options

Training Offers

1. Understanding Emotionally Based School Avoidance (EBSA)
2. The Graduated Approach - BERA
3. KS2 to KS3 Transition Workshops
4. Element 3 Top Up Funding Virtual Clinics
5. Early Years SEND Advocate Training

Communication and Interaction

Training Offers

1. AET Extending Good Autism Practice
2. AET Good Autism Practice
3. AET making Sense of Autism practical support strategies
4. ELKLAN Primary
5. ELKLAN Secondary
6. Play & Interaction
7. Let's Talk
8. Neurodiversity Affirming Classrooms



SEND Support Service

Centralised Training Courses

Wellbeing and Mental Health

Training Offers

1. Emotional Literacy Support Assistant (ELSA) Training
2. ELSA Supervision
3. Neurodiversity Affirming Classrooms
4. Introduction to Social Media and the Impact of Identity on Self Esteem
5. Team Teach level 1 positive behaviour management
6. Team Teach level 1 refresher
7. Team Teach level 2
8. Team Teach level 2 refresher
9. Emotion Coaching
10. Trauma Informed Practice primary
11. Trauma Informed Practice secondary
12. Adverse Childhood Experiences primary and secondary
13. Attachment Aware
14. Nurturing Practices, understanding the Boxall Profile
15. Restorative Approaches
16. Challenging Conscious and Unconscious Bias
17. Understanding and Managing Anxiety
18. How to Emotionally Contain and Regulate Ourselves and Others



SEND Support Service Centralised Training Courses

Child Development and Learning

Training Offers

1. School based assessments - literacy
2. School based assessments - maths
3. School based assessments- speech and language
4. Executive Functioning and Cognitive Load
5. Precision Teaching
6. Supporting Students with Complex Needs
7. Introduction to Structured Learning
8. Support with Reading Comprehension Including Inference
9. Therapeutic Play

Sensory

Training Offers

1. Effective Inclusion for CYPVI in Mainstream Settings
2. Practical workshop: Using 'Ordinarily Available' Assistive Technology
3. Supporting Students with Hearing Loss



Early Years Support Team

Training Offers

1. AET Developing Play in The EYs
2. AET Developing toileting in the EYs
3. Making Sense of Autism EY's
4. AET EYs Good Autism Practice
5. Fun Time
6. Sensory Processing Differences in the Early Years
7. SEND Advocate Training



SENDSS SENDCO



induction



Areas Covered:

A support meeting for any new SENDCos in the city

We will be looking at:

The SENDCos role, SEND systems, The graduated response – What to do / who to involve / how to involve them at each stage, Element 3 funding, EHCP process, What makes an effective Joint Planning Meeting & Yearly planning.

Course Outcomes:

- Knowledge of SEND systems and the SENDCos role.
- An opportunity to network with colleagues new to the role / new to Leicester City.

Free for maintained and non-maintained Leicester City School.

Dates

SENDCo Induction:

- Wednesday 24 September 2025
- Wednesday 5 November 2025

Times: 1pm - 4.30pm

Venue:

New Parks House G1 The Hall
Pindar Road, New Parks
Leicester.
LE3 9RN

Where do I book?



Scan Me

Or

[Book your place here](#)

Time to network



Dates

Termly sessions will take place on:

Times: 3.45pm - 4.45pm

- Wednesday 26 November 2025
- Tuesday 3 February 2026
- Thursday 21 May 2026

Who is this course for:
SENDCoS, SEND leads

Cost:
Free to city SENDCos

Venue:
Online Via Microsoft Teams

SEND virtual networks

These meetings are new to the Leicester City offer this academic year and have been calendared to fit between the face-to-face SENDCo network meetings to provide more regular communication opportunities.

Areas covered:

- Provide updates for SENDCos of any new developments in SEN both at a national and local level.
- Provide updates on changes to systems and processes within Leicester City. This academic year we will be covering these key areas:
- Building parent/carer confidence in school's offer for children and young people with SEND.
- How to improve the accessibility of School Information Reports whilst meeting the statutory requirements.
- Supporting children and young people with Emotionally Based School Avoidance (EBSA).
- Updates on inclusive provision reviews.
- Updates on any changes to top up funding.
- Updates on the use of Individual Health Plans (IHPs) in schools.
- Updates on the ELSEC and PINs projects.
- Updates on Alternative Provision (AP).
- Updates on support for transition for children and young people with SEND.

Course Outcomes:

- Refreshed and updated information or ideas will be used by the SENDCos in their role.
- Up to date information regarding new resources, assessment material, websites etc. that support the work of SEN in the school, can be shared with all staff.
- Improved levels of communication between SENDSS and schools.



Dates

Times: 1pm - 4pm

- Monday 17 November 2025
- Monday 26 January 2026
- Monday 27 April 2026
- Monday 22 June 2026

Primary IAP network

Primary Internal Alternative Provision (IAP) Network Meetings

These half-termly meetings are for Heads, SENDCos or IAP staff to attend to:

- Share good practice
- Develop resources e.g. assessment and audit tools
- Network with other schools
- Talk to LA colleagues with responsibilities for alternative provision
- Access free training (funding permitting).

They can be attended by school teams who have an IAP or who are considering opening one.

Time to network



We offer a wide range of different networks which help encourage and support schools in all areas, such as;



Dates

- Tuesday 23 September 2025
1pm - 3pm
- Thursday 15 January 2026,
1pm - 3pm
- Wednesday 10 June 2026,
1pm - 3pm

**Free for 2 delegates
(Leicester City School).**

£20 for extra delegates.

TA network

The TA briefing is for TAs to network and get information on teens and tweens, sensory support, emotional regulation and transitions.

Participants will benefit from networking with specialist teaching assistants and have an opportunity to share resources and good practice. Please come with questions and be willing to share ideas.

This will be ran by the LCI Team



Dates

Free for all City SENDCos

- Thursday 9 October 9am to
12noon
- Wednesday 18 March 9am to
3.30pm
- Thursday June 25 9am to
3.30pm

SENDCO networks

Here at SENDSS we cater for everything SENDCos; Briefings, networks and even inductions for our new SENDCos.

We provides the opportunity for SENDCos to keep up to date of new developments in SEN, both at a national and local level.

It is also a time to network with other practitioners, to 'troubleshoot' issues and refresh and gather new resources that support the SENDCos role.

This will be jointly run by our teams

Time to network



Dates

All meetings are held in person at New Parks House

Times: 1.30pm to 3pm

- Wednesday 29 October 2025
- Wednesday 4 March 2026
- Wednesday 10 June 2026

Designated Specialist Provision (DSP) SENDCos / lead teacher network meetings

These termly meetings are for SENDCos and Lead DSP teachers to attend to:

- Share good practice and LA systems and processes.
- Develop resources and quality assurance procedures e.g. assessment and audit tools.
- Network with other DSPs.
- Talk to LA colleagues with responsibilities for DSP support e.g. QIT, SES, SENDSS.
- Share transition information.

They can be attended by school teams who have a DSP.

Dates

Times: 1.30pm - 3pm

- Monday 3 November 2025 (virtual via Microsoft Teams)
- Monday 15 June 2026 (In person - New Parks House)

Designated Specialist Provision (DSP) leadership network meetings

These twice yearly meetings are for Headteachers to attend to:

- Receive LA updates regarding systems and processes e.g. placement, funding, ongoing support.
- Develop and agree quality assurance procedures e.g. quality assurance reviews.
- Network with other DSP Headteachers.
- Talk to LA colleagues with responsibilities for DSP support e.g. QIT, SES.

They can be attended by school Headteachers who have a DSP.

Time to network



Attachment and trauma network

Our Trauma-Informed practices and Attachment Aware Network is all about supporting well-being and helping every child thrive at school by bringing trauma-aware and attachment-friendly approaches into everyday practice.

We will work together to build stronger connections – not just between schools, but between the key adults who support our children and young people too.

There'll be plenty of chances to learn together, share what's working, and pick up new ideas along the way. At the heart of it all is a shared commitment to equity – understanding the impact of trauma and relationships, tackling systemic challenges, and creating inclusive, culturally aware practices and environments.

It's about working together with compassion, consistency, and a real sense of community – come along, we would love to connect with you!

Dates to be confirmed
in September

Restorative approaches networks

This network aims to share current knowledge, understanding and further training around Restorative practices.

Support participants to be reflective on their practice and share good practice with others.

Steer the networks to address the needs and developments you wish to see in your schools.



Dates

Times: 1.30pm - 3pm

- Thursday 16 October 2025
- Thursday 2 April 2026
- Thursday 11 June 2026

Who is the Virtual School Team?

What do we do?

The Virtual School oversee the attainment and progress of children looked after (CLA) in Leicester City.

We are made up of teachers, officers and mentors and have grown over the years in line with our new duties which include information, advice and guidance relating to children who are previously looked after (CPLA).

We offer three Designated Teacher Network meetings per year. They are free to attend and cover the roles and responsibilities of the Designated Teacher, relevant training and opportunities to network with others who are doing the same job in different settings.

Designated teacher network meetings

We hold Designated Teacher network meetings throughout the academic year, each with different themes. These are free to attend and generally held at New Parks House.

Dates:

- Monday 15 September 2025
- Monday 2 February 2026
- Wednesday 17 June 2026



All sessions to be held at New Parks House, G.1 The Hall from 1.30pm - 3.30pm
Agendas and further details to come out nearer the network date.

You can book a place, via our email: virtualschool@leicester.gov.uk.

Free Training

Emotionally based school avoidance (EBSA)

Understanding the needs of children who experience difficulties attending and engaging with school



This will be joint training run by teams across SEND Support Service.

Overview:

This course aims to provide participants with a greater understanding of pupils who experience EBSA and barriers to engaging with education and school. Pupils facing these barriers often have complex issues that are inextricably linked with mental health and wellbeing. This course will explore how best to support children and their families through the use of evidence based tools and approaches to improve engagement and attendance.

Course Outcomes:

Participants will:

- Explore the latest theory and understanding around the needs of pupils who struggle to come to school and/or engage with education.
- Consider a graduated approach for children and young people who are struggling to engage with education, including early identification of pupils at risk of EBSA.
- Be supported to understand the main 'push' and 'pull' factors for a "live" school case.
- Learn strategies to use at a whole school and individual student level.
- Explore strategies for parents and careers to support their children and young people in engaging with education.

Time: 9am - 12.30pm

Cost: Free

Dates: This training comprises of two half days

- **EBSA Early Years & Primary:**

Thursday 2 October & Wednesday 15 October 2025

- **EBSA Secondary:**

Wednesday 8 October & Tuesday 4 November 2025



The graduated approach - BERA

This course aims to provide an overview of the graduated approach and explore how Leicester City's BERA document can support schools to embed assess – plan – do – review into all classrooms and champion mainstream inclusion.

Time: 1 Session

Dates: To be confirmed

Cost: Free

Course Outcomes:

- Identify the stages of the graduated approach.
- Consider how the BERA document supports the graduated approach.
- Identify potential courses of action at each stage
- Recognise top up funding streams available to support children and young people with SEND and how to determine when the right stage is to apply for top up funding.
- Understand SENDSS systems and processes and how these can be integrated into school processes to streamline practice as part of the graduated approach.



KS2 to KS3 transition workshops

This course aims to explore and develop successful transition practices to support pupils moving from Primary to Secondary. There is also the option of workshops to support other transition points (e.g. secondary to post-16) – email QualityInclusion@leicester.gov.uk for further information.

Dates: To arrange.

Cost: Free

Venue: In localities / hubs / development groups or in host secondary schools

Course Outcomes:

- Explore theories and understanding of positive and successful transition.
- Consider practical strategies to support pupils' transitions.
- Reflect case studies to identify positive and improvements required for transition.
- Work collaboratively to develop strategies for ensuring EHCPs are suitable for transition.
- Identify funding support streams to promote positive transition.

Element 3 top up funding virtual clinics

Overview:

During these sessions we will cover any recent changes to the Element 3 Top Up application process. We also invite you to bring any specific questions you may have regarding completing the form.

Course Outcomes:

- Be supported in understanding the funding application process including the graduated response and Element 2.
- Be supported to evidence the graduated approach and have a clear golden thread.
- Be supported to write SMART outcomes, linked to the Child or Young person's needs and provision.
- Be supported to create a timetable that reflects the needs and provision of the child or young person, including how to link it to the outcomes and costings included in the application.
- Be clear on how to supply evidence and what types of evidence are beneficial when making an application.
- Be clear on the panel process, how panel come to a decision, the difficulties they experience when forms lack clarity and the benefits of attending a panel as an observer or participant.
- Feel confident about applying for high needs funding and the process involved.

Duration: (1 hour: 3.30pm – 4.30pm) **Cost:** Free

Dates:

- Thursday 18 September 2025
- Wednesday 21 January 2026
- Thursday 21 May 2026

TITLE	TEAM	COST	DATES
AET Developing Play in The EYs	Early Years Support	£80	Wednesday 14 January 2026 Time: 9.30am - 3.30pm
AET Developing Toileting in the EYs	Early Years Support	£40	Thursday 26 March 2026 Time: 1pm - 4pm
Making Sense of Autism EY's	Early Years Support (School Based)	To speak with link teacher	<i>Will not be offered this year but can be requested through your link teacher.</i>
AET EYs Good Autism Practice	Early Years Support	£80	<ul style="list-style-type: none"> • Thursday 6 November 2025 or • Wednesday 11 March 2026 Time: 9.30am to 3.30pm
AET Extending Good Autism Practice	Learning, Communication & Interaction	£450 (Teacher & TA) or £370 (Single)	<ul style="list-style-type: none"> • Day 1 - 28 January 2026 • Day 2 - 4 February 2026 • Day 3 - 11 February 2026 or • Day 1 Friday 5 June 2026 • Day 2 Friday 12 June 2026 • Day 3 Friday 19 June 2026 Time: 9am - 4pm
AET Good Autism Practice	Learning, Communication & Interaction	£150	Wednesday 6 May 2026 Time: 9am - 5pm
AET making Sense of Autism practical support strategies	Learning, Communication & Interaction	£80	<ul style="list-style-type: none"> • Wednesday 5 November 2025 or • Monday 10 June 2026 Time: 9am - 12noon

This course offers practical strategies for teaching assistants to support children in the classroom, focusing on the communication process and potential difficulties with speech, language, and communication.

Suitable for TAs working in secondary settings including DSPs.

Courses Options

TITLE	TEAM	COST	DATES
Elklan Secondary	Learning, Communication & Interaction	£470 3 Sessions	<ul style="list-style-type: none"> • Day 1 - Monday 22 Sep 2025 • Day 2 - Monday 13 Oct 2025 • Day 3 - Monday 3 Nov 2025 Time: 9am - 5pm
Elklan Primary	Learning, Communication & Interaction	£470 10 Sessions	<ul style="list-style-type: none"> • Day 1 - Monday 12 Jan 2026 • Day 2 - Monday 19 Jan 2026 • Day 3 - Monday 26 Jan 2026 • Day 4 - Monday 2 Feb 2026 • Day 5 - Monday 9 Feb 2026 • Day 6 - Monday 23 Feb 2026 • Day 7 - Monday 2 Mar 2026 • Day 8 - Monday 9 Mar 2026 • Day 9 - Monday 16 Mar 2026 • Day 9 - Monday 23 Mar 2026 Time: 10am - 12noon



Venue

New Parks House, Room G3
Pindar Road, New Parks, Leicester,
LE3 9RN

Play & interaction

This course will be focusing on how this intervention supports children who have communication and interaction needs and autism, and will provide an overview of the development of social interaction, communication and play skills in typically developing children.

Time: 9am - 4.30pm

Dates:

Wednesday 11 February 2026

Cost:

£80

Room:

G1 New Parks House

Course Outcomes:

- Identify needs for pupils who have communication and interaction differences and autism.
- Identify approaches to develop and support social communication, interaction, listening and attention and play skills.



Let's talk

Areas Covered:

- The communication process.
- What a language group looks like.
- Pre and post screening.
- Language group activities.

Course Outcomes:

- The Delegates will be equipped to run a Let's Talk Language group intervention.

Each School will receive access to a Virtual folder which contains: -

- Pre & Post screening materials.
- 10 weeks of Language group plans for KS1 and KS2 Children.
- Printable Resources.



Dates: Wednesday 25 February 9am - 3pm

Cost: £80 per delegate + £65 per school for electronic resources folder.

Who is this for?: SENDCos, Teachers and Teaching Assistant pairs or two TAs if SENDCo has already trained in Let's Talk.

EMOTIONAL LITERACY SUPPORT ASSISTANT (ELSA)



Overview:

The **ELSA (Emotional Literacy Support Assistant)** programme provides a comprehensive training course for teaching assistants and pastoral staff, developing skills to understand and respond to emotional and social needs in children and young people. Over **six days**, participants learn the skills to work as an ELSA, delivering individual and group interventions with children and young people. Ongoing supervision is required to maintain ELSA status.

Course Outcomes:

- Participants will develop their understanding of emotional literacy and how to support the development of emotional literacy skills.
- Participants will learn how to support children and young people with a variety of needs including: mild-moderate anxiety and low mood, social skills, emotional regulation, bereavement and low self-esteem.
- Participants will learn therapeutic and relational skills in order to build supportive relationships and run their own sessions.
- Participants will learn how to manage appropriate referrals, and plan and evaluate interventions.

Duration: 6 Days

Time: 9.30am - 4pm

Dates:

- Day 1 - 30 October 2025
- Day 2 - 20 November 2025
- Day 3 - 11 December 2025
- Day 4 - 15 January 2026
- Day 5 - 5 February 2026
- Day 6 - 5 March 2026

Cost: £600 for the full 6 sessions

Venue: New Parks House



Wellbeing and Mental Health

EMOTIONAL LITERACY SUPPORT ASSISTANT (ELSA) SUPERVISION



Overview:

In order to practice as an Emotional Literacy Support Assistant (ELSA), ELSAs must attend group supervision every half term.

Supervision sessions typically last around two hours, include up to eight ELSAs and are facilitated by an educational psychologist.

Sessions aim to support ELSAs in their work, enable networking and peer support and to provide ongoing development of knowledge and skills.

The content of each session is responsive to the needs of the group and will include a combination of case discussion and problem solving, sharing of resources and materials, and updates and input by the educational psychologist or ELSA supervisees themselves.

Course Outcomes:

ELSAs will be able to continue to use the ELSA title in their role in school, will benefit from professional and peer support in their work and gain opportunities to develop their professional knowledge and skills.

Duration: 2 Hours

Dates: Dates to be arranged with supervision groups.

Cost: £300 for 6 Sessions per year

Venue: To be agreed with Supervision groups



Wellbeing and Mental Health

Introduction to Social Media and the impact of identity on self Esteem

This training will cover the types of social media used by children and young people. The positive and negative impact social media can have and strategies school can use to teach media safety to children, young people and their families.

Course Outcomes:

- To recognise how and why children and young people use social media.
- To recognise the impact social media can have on children and young people and how that can affect their mental health.
- How to notice the signs of unhealthy social media use.

Time: 9am – 4pm

Dates: Friday 27 February 2026

Cost: £80



Neurodiversity affirming classrooms

Classrooms are full of neurodiverse learners with varying strengths and differences. The neurodiversity paradigm acknowledges and celebrates these differences, while recognising the associated challenges. This training will explore the experiences of neurodivergent learners and how best to support them in the classroom to provide an inclusive and positive experience for all.

Time: 9am - 12.30pm

Date: Thursday 26 Feb 2026

Cost: £40

Course Outcomes:

- Participants will understand what neurodivergence means and how neurodivergent children may be impacted in the classroom.
- Participants will learn how to create a neurodivergence-friendly classroom.
- Participants will learn strategies to support neurodivergent learners.



Team Teach

Level 1 - Level 2

This training uses Positive Handling Strategies through a whole school holistic approach, ensuring increased understanding and ability to manage difficult and sometimes disturbing behaviour.

Team Teach aims to reduce risk using de-escalation and diversion, exploring the possible reasons for challenging behaviour.

TITLE	TEAM	COST	DATES
Team Teach Level 1	SEMH	£130 - LA £150 - Academies	9am - 3.30pm Wednesday 17 September 2025 Wednesday 29 October 2025 Wednesday 21 January 2026 Wednesday 11 March 2026 Wednesday 20 May 2026
Team Teach Level 1 Refresher	SEMH	£87 - LA £107 - Academies	9am - 1pm Wednesday 10 September 2025 Wednesday 3 December 2025 Wednesday 4 February 2026
Team Teach Level 2	SEMH	£195 - LA £215 - Academies	9am - 4.30pm Thursday 6 November 2025 Friday 7 November 2025 Thursday 19 March 2026 Friday 20 March 2026
Team Teach Level 2 Refresher	SEMH	£130 - LA £150 - Academies	9am - 3:30pm Wednesday 3 December 2025 Wednesday 4 February 2026

Please note that by booking onto this course you are also committing to an additional Team Teach annual subscription cost per school (Invoiced separately by Team Teach direct to your school). More details and a copy of the terms and conditions can be obtained at:

team.teachenquiries@leicester.gov.uk

Alternatively, this course can be delivered in your primary school/setting. Please discuss this with your SEMH link teacher or email: -

team.teachenquiries@leicester.gov.uk

Wellbeing and Mental Health

Emotion coaching

Emotion Coaching is a relational approach, which helps children and young people to understand the emotions they experience, why they occur and how to handle them. The course covers the theory and practical applications of emotion coaching. Emotion coaching can support the development of positive relationships and academic attainment through consistent and helpful responses to difficult behaviours and feelings.

Course Outcomes:

- Participants will acquire an understanding of the theoretical and physiological basis for Emotion Coaching.
- Participants will develop an understanding of emotion styles relevant to emotion coaching.
- Participants will also develop an understanding of techniques involved in emotion coaching.



Time: 9am - 12.30pm

Dates: Wednesday 12 November 2025

Cost: £40

Trauma informed practices

This course will focus on understanding the impact of Adverse Childhood Experiences on children, utilising Cognitive and Neurological theories to develop our understanding of the impact of Adverse Childhood Experiences on learning, emotions and relationships. It will also develop best practices to support children who have experienced trauma within the school community, with a particular focus on practical ways of working.

Course Outcomes

- Knowledge of theories, approaches and practical skills to effectively support children following traumatic experiences.
- Understanding of specific difficulties which are related to developmental trauma.

Time: 9am - 4pm

Dates:

Primary: Wednesday 15 April 2026

Secondary: Wednesday 29 October 2025

Cost: £80 each



Wellbeing and Mental Health

Adverse childhood experiences - primary and secondary

Training is designed to raise awareness about the impact of childhood trauma and how it affects learning, behaviour, and emotional development.

Outcomes:

Introduction to ACEs and prevalence

- **Understanding the impact of ACEs:** Explore the neurological, psychological, and emotional effects of trauma on children.
- Discuss how ACEs can influence behaviour, academic performance, and social interactions.
- Learn about the lasting effects on mental health, including increased risk for conditions such as anxiety.
- Build protective factors: Ways to create a protective and supportive school environment, such as providing mentorship and involving families and communities.
- **Support:** introduce trauma informed and shame sensitive practices, the importance of relationship and connection, focus on language that cares.
- **Staff wellbeing:** Understand compassion fatigue and vicarious trauma, alongside personal support and help that is available.

Duration: All day

Dates:

- **Primary:** Monday 6 October 2025
- **Secondary:** Monday 12 January 2026

Cost: £80



Attachment aware

In this training you will gain an understanding of:

- Attachment theory.
- Impact of attachment issues.
- Developmental trauma.
- Effective interventions for individuals. Whole school arrangements to lead to an 'attachment friendly school'.

Duration: 2 Sessions - All Day

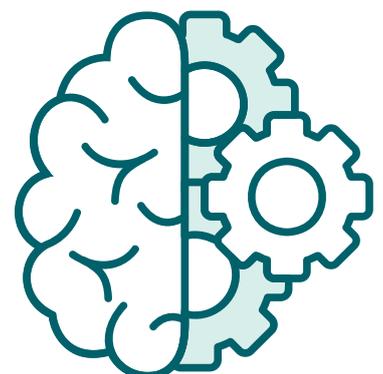
Dates:

- Tuesday 4 Nov 2025
- Tuesday 27 April 2026

Cost: £80 per session

Course Outcomes:

- Enhanced understanding of attachment theory.
- Greater understanding of children's difficulties who have attachment issues and developmental trauma.
- Participants will have new practical strategies for individuals.
- Participants will have ideas for whole school development.



Wellbeing and Mental Health

Nurturing practices, understanding the Boxall profile

This training will cover the background and history of Nurturing Groups and the Attachment Theory.

Dates: Wednesday 26 November 2025

Times: 9am -4pm

Cost: £80

Course Outcomes:

- You will learn the practical applications for supporting children with social, emotional and mental health needs.
- Learn the importance of play.

Restorative approaches

This training will cover What is conflict and how does it affect us? Can it ever be good? And what are the four main ways of resolving conflict and how effective are these?

Dates: (9am - 4pm)

- Thursday 9 October 2025
- Wednesday 19 November 2025
- Wednesday 21 January 2026

Course Outcomes:

- To understand the needs of individuals who are harmed and require support.
- Use specific techniques in restorative mediation, when helping people recover from harm.

Cost:

£660 for three people
(3rd delegate is free)



Challenging conscious and unconscious bias

This training will cover what unconscious bias is and how it impacts the way we respond to others. The different types of discrimination and how the media shapes our views.

Time : 9am – 4pm

Dates: Wednesday 11 March 2026

Cost: £80

Course Outcomes:

- Increase your awareness of our own biases and strategies we can use to challenge them.
- To create a personalised action plan for your school with the aim of improving the equity for all.



Understanding and managing anxiety

Anxiety is one of the most common mental health problems to affect children and young people, particularly in the current climate of uncertainty.

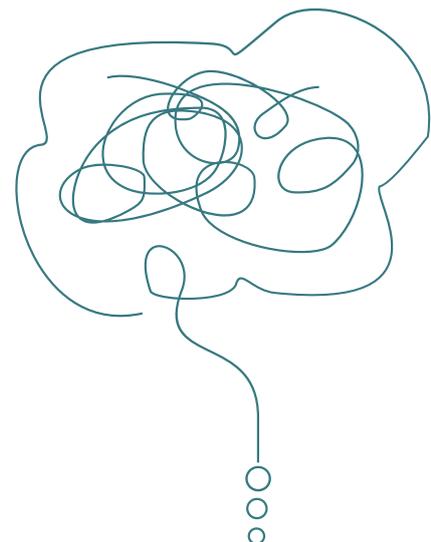
Time: 9am – 12:30pm

Dates: Wednesday 25 March 2026

Cost: £40

Course Outcomes:

- How to recognise anxiety.
- Practical tools, strategies and resources to support cognitive behaviour therapy (CBT) approaches with anxious children.



Do You Feel What I Feel?

How to emotionally contain and regulate ourselves and others

This training will identify the differences between **self-, co- and social-regulation** and **dysregulation** and how they manifest.

How we can use co- and social-regulation to help children to learn to tolerate sensations, situations and distress whilst forming appropriate responses. It will also touch on developmental stages of self- and co-regulation and their role in understanding and managing behaviours, reactions to feelings and the things happening in the world around you and why developmental processes may have been hindered.

Course Outcomes:

- To consider the developmental stages of co- and self-regulation and their role in understanding and managing behaviours, reactions to feelings and the things happening in the world around us, and to consider why this process might be hindered.
- To explore resources and develop ideas for co/self-regulation (i.e. sensory breaks, regulatory toolkits, supportive scripts, steps to take to build self-regulatory capacity in others).
- To understand that when others become dysregulated and cannot regulate their own emotions, we can contain them through co-regulation and development of self; in doing this we can help them to learn to tolerate sensations, situations and distress whilst forming appropriate responses and over time develop their capacity for self-regulation.

Time: 9am – 3pm

Dates: Tuesday 10 March 2026

Cost: £80

School based assessments

Literacy, Maths, Speech & Language

The course provides a range of practical strategies that may be used by teaching assistants in their work in the classroom or when supporting individual children. This course explains the communication process and difficulties that children may experience with speech, language and communication.

Courses Options

TITLE	TEAM	COST	DATE & TIME
Literacy	Learning, Communication & Interaction	£160	<ul style="list-style-type: none">Monday 27 October 2025Monday 24 November 2025 Times: 9am - 4pm
Maths	Learning, Communication & Interaction	£80	<ul style="list-style-type: none">Thursday 5 February 2026Thursday 5 March 2026 Times: 9am - 12.30pm
Speech & Language	Learning, Communication & Interaction	£160	<ul style="list-style-type: none">Monday 19 January 2026Monday 9 February 2026 Times: 9am - 5pm



Venue

New Parks House
Room G3/G4
Pindar Road, New parks
Leicester.
LE3 9RN

Executive functioning and cognitive load

Executive functions are the 'air traffic control' of the brain, keeping everything organised and running smoothly. When this goes wrong, children can be disorganised, struggle to structure thinking, understand and retain learning and manage their emotions. This course looks at different aspects of executive functioning and how to promote and accommodate skills in the classroom.

Course Outcomes:

- Participants will acquire an understanding of the theoretical and physiological basis for Emotion Coaching
- Participants will develop an understanding of emotion styles relevant to emotion coaching.
- Participants will also develop an understanding of techniques involved in emotion coaching.



Time: 9am - 12:30pm

Dates: Thursday 13 November
2025

Cost: £40

Precision teaching

Precision Teaching is a highly effective and evidence-based intervention strategy for literacy and numeracy. This course covers practical instruction on how to run a precision teaching programme and strategies to generalise learning to the classroom. A follow up session can be arranged to embed practice.

Time: 9.30am – 11am

Dates:

- Thursday 13 Nov 2025
and
- Thursday 27 Nov 2025

Cost: £40 for both sessions

Course Outcomes:

- Participants will understand how to plan, deliver and monitor precision teaching programmes for literacy (reading or spelling) and numeracy.
- Participants will have the opportunity to discuss how to apply precision teaching to other areas of learning.



Child Development and Learning

Supporting pupils with complex needs

Understanding of complex needs and effective ways to integrate pupils, including during play. Meeting need through differentiation, personalised planning, teaching approaches and the multi-sensory learning environment. Language and communication strategies. Assessment, outcomes and accurate monitoring of progress.

Course Outcomes:

Participants will have:

- Increased confidence in supporting pupils with more complex needs.
- Information about making secure judgements about pupil baseline assessment and progress.
- Knowledge of effective teaching methodology and differentiation strategies to support the child's learning.
- Gain well-being knowledge of other training materials and support organisations.



Time: 9am - 5pm

Dates: Monday 6 October 2025

Cost: £80

Introduction to structured learning

This course will help you develop an understanding of structured learning approaches and supporting visual strategies, and its advantages to increase understanding and reduce anxiety, whilst using visual strategies as part of structured learning to develop independence

Course Outcomes:

- Plan for individual students to support and increase their independence.
- Learn how to access tools and resources to create visual structured strategies.

Time: 9am - 4pm

Dates: Wednesday 12 November 2025

Cost: £80

Child Development and Learning

Support with reading comprehension including inference

This course will help you develop an understanding of structured learning approaches and supporting visual strategies, and its advantages to increase understanding and reduce anxiety, whilst using visual strategies as part of structured learning to develop independence.

Course Outcomes:

- Plan for individual students to support and increase their independence.
- Learn how to access tools and resources to create visual structured strategies.



Time: 9am - 4pm

Dates:

- Thursday 12 February 2026
- Thursday 26 February 2026

Cost: £160 for both dates

Therapeutic play approaches

This training will teach you the definition of and developmental stages of play, the theory & neuroscience behind therapeutic play approaches and ideas for a Play Tool Kit.

Time: 9am - 3pm

Dates: Tuesday 12 May 2026

Cost: £80

Course Outcomes:

- To increase knowledge and understanding of theories related to play and the neuroscience that unpins therapeutic play-based Practices.
- To understand the main developmental/transformational stages of play (& what may have hindered this process).



Effective Inclusion for Children with Vision Impairment in Mainstream Settings

This course will help you to understand the impact of vision impairment on primary and secondary students and understand how to implement support strategies in the classroom including technology. You will also gain the knowledge on how to better support and prepare VI students for their KS4 exams.

Course Outcomes:

- An understanding of different types of vision loss and how this affects the child you support.
- A better understanding of visual impairment and its implications in the classroom.
- Practical strategies for inclusion including technology.
- Advice on how to modify and adapt resources.
- Support in preparing for Key Stage 4 exams and assessments.
- Strategies and teaching approaches for developing social inclusion.

Time: 10am - 3pm

Dates: Wednesday 8 October 2025

Cost: £50



'Practical workshop: Using technology to Support children with vision impairment

This course will be exploring the inbuilt accessibility features on a range of mainstream devices found in schools including iOS (iPhone and iPad), Windows OS and Chrome OS devices. You will also learn how to use a range of accessibility features including Zoom, Focus, Screen Readers and colour filters and many others on different devices and explore how these benefit the children and young people in the classroom.

Course Outcomes:

- Have knowledge of and able to use the inbuilt accessibility features benefit and provide access to learning in the classroom for children and young people with a range of impairments including, vision, learning and neurodiversity's.
- Able to harness the power of Artificial intelligence (AI) to take the pressure off the workload of teachers and how it can provide access to learning for all.
- Know about freely available apps that can be used by teachers and children and young people to speed up access to information.

PLEASE BRING YOUR OWN DEVICE – THIS WILL BE A PRACTICAL SESSION

Time: 8am - 1pm

Dates: Thursday 30 October 2025

Cost: £25



Sensory

Supporting students with hearing loss & effective inclusion in mainstream schools

This course will build your understanding of different types of hearing loss and managing equipment – there will be ‘hands on workshops’.

You will also explore effective deaf awareness strategies to help support students’ language, learning & communication in the classroom, and school to prepare them for adulthood.

Course Outcomes:

- Gain a better understanding of different types of hearing loss and equipment and how it affects the child you support.
- Have a better understanding of deafness and its implications in the classroom and the wider school.



Dates: (all courses are 9am - 4pm)

- Wednesday 24 September 2025
- or
- Thursday 16 October 2025

Cost: £50 Per Session

**Room : New Parks House, Pindar Road,
Leicester, LE3 9RN**

Early Years Support

Fun Time

This enhanced level course develops practitioners' knowledge of promoting children's social communication skills through the Fun Time approach and enables them to plan and deliver effective Fun Time sessions within their own setting. The course involves participating in a variety of Fun Time activities and songs. Fun Time is part of a continuum of provision to develop children's social communication skills, along with Play Interaction and Circle Time.

Play Interaction (1 child initially) - Fun Time (small group) - Circle Time (larger group).

Course Outcomes:

Participants will:

- Be able to identify the key elements of the Fun Time Programme.
- Be able to deliver effective Fun Time sessions.
- Learn strategies and games to promote children's social communication skills.
- Be able to assess and monitor children's social communication development.
- Reflect on and review their practice and identify areas for development.

Time: 1pm - 4pm

Dates: Thursday 30 October 2025

Cost: £40

Sensory processing differences in the Early Years

Areas Covered:

In this course you will gain an understanding of the eight different sensory systems and how sensory differences can impact play and learning in the early years.

Strategies will be shared that practitioners can use in their everyday practice to help to meet the sensory needs of children in the early years.

Course Outcomes:

Participants will:

- Gain an understanding of a range of sensory processing differences.
- Learn to recognise and interpret children's behaviours that relate to sensory differences.
- Gain an understanding of the eight sensory systems.
- Understand the links between sensory differences and emotional regulation.
- Gain a wealth of strategies to support children with sensory differences.
- Reflect on and review their own practice, creating actions for the future within their early years environment.

Dates: Wednesday 11 February 2026, 9.30am - 3.30pm

Cost: £80

Early Years SEND advocate training

This course has been developed by **School Improvement Liverpool (SIL)**.

It has been designed specifically for Early Years teachers/practitioners with the aim of developing their skills and knowledge to enable them to support the school SENDCo in the role and act as advocate for Early Years children with SEND.

This course looks in depth at the role of the SENDCo and offers opportunities for reflection and discussion with other SENDCo's in Leicester.

Topics include:

- Historical context and current legislation.
- The graduated approach (Assess, plan, do and review).
- Importance of early intervention and identification.
- Making reasonable adjustments in the classroom - what this might entail.
- The role of observation .
- Individual planning and the voice of the child.
- Parents as partners.

There will be guest speakers and an opportunity to visit a specialist provision.

Cost: Free

Who is this for?

Foundation Stage Teachers and/or
Higher Level Teaching Assistants
who will be able to support the
school **SENCO** in their role.

Dates: (all courses are 9am - 4pm)

- Wednesday 4 March 2026
- Wednesday 18 March 2026
- Wednesday 15 April 2026
- Wednesday 22 April 2026
- Wednesday 29 April 2026
- Wednesday 6 May 2026