## Low Carbon Food

Using the following weblink <u>bbc.co.uk/news/science-environment-46459714</u>

Choose 5 foods that you eat and complete the following table





	Food 1	Food 2	Food 3	Food 4	Food 5
Grams of CO <sub>2</sub> per year					
Equivalent miles in a car					
Equivalent of heating home for how many days?					
Any other information given?					

## Questions

- 1. Which of your foods/drinks produces the most CO<sub>2</sub>?
- 2. Which of your foods/drinks produces the least CO<sub>2</sub>?
- 3. What figure from your table do you find the most interesting? Why?
- 4. From everyone who completed this activity, which food/drink gives off the most and least CO<sub>2</sub>?
- 5. What changes to your diet do you think you could make to reduce your carbon footprint (give off less CO<sub>2</sub>)?

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